Dear Parents

Congratulations to all the students who participated in last week’s school Cross Country event which was ultimately held within the school grounds. All the competitors displayed great school spirit and tried their best. The top eight runners in each age group will now represent our school at the Zone Cross Country on Monday 25 May. Good luck to all our athletes. Thank you to Mrs Payne and Mr Field for organising the event.

Annual School Report

Our 2014 Annual School Report outlining the achievements of Engadine West Public School last year has now been submitted and will be available on the school website for parents to read. Thank you to all the staff, P & C and parents who gave us vital data for the preparation of the document.

P & C Meeting

The next P & C Meeting will be held tonight commencing at 7.30pm in the staffroom. All parents are invited to attend.

Mother’s Day Stall

This year’s Mother’s Day Stall will be held on Thursday 7 May. Thank you to those parents who have made donations to this event. Students are invited to bring along money on Thursday and purchase a great gift for their mothers. Thank you Mrs Isemonger, Mrs Vitelli and their team of parent helpers for their efforts in wrapping and selling the gifts. On behalf of all the staff at the school, I would like to wish all the mums a wonderful day on Sunday.

Traffic Issues Around the School

It has been brought to my attention by our Crossing Supervisor that the line of cars picking up students in the afternoon in Buckle Avenue is now extending out to Woronora Road. This build up of vehicles is causing dangerous traffic conditions near our school pedestrian crossings. For the safety of our students, if the line of traffic for picking up your children is long please move on to another, more safe place to collect your child. It is a good idea to have an alternative pick up plan with your child/children to save confusion.

The NO PARKING sign in Buckle Avenue indicates that you can stop for a maximum of two minutes to drop off or pick up passengers and you must stay within three metres of your car at all times. Please be aware that Police and Sutherland Shire Council officers regularly patrol this area. Thank you for your co-operation.

The Staff and the Canteen Carparks are NOT drop off and pick up zones.

Kindergarten Grandparents Day

This Wednesday 6 May will see our school host a visit from the grandparents of our Kindergarten students. Our special visitors will enjoy a short assembly, a visit to the classrooms and the day will culminate with the grandparents having morning tea at the school. Welcome to all our grandparents.
Principal’s Report Cont’d

NAPLAN
One week to go! Parents of students in Years 3 and 5, please ensure you child is at school on time next week for the NAPLAN Testing.

Biggest Morning Tea
This event is scheduled for Tuesday 19 May. As per previous years, the proceedings will commence from 8.30-9.30am. There will be food on sale and tea and coffee available. Selected students will be having their hair shaved and there will be other fun activities. Students and their families are invited along to have a fun morning and help raise funds for research into a cure for cancer. Our Biggest Morning Tea always reflects the fantastic support our school receives from the local community.

Debating Workshop
Eight of our talented student debaters will be attending a full day Debating Workshop at Loftus Public School on Monday 18 May. Engadine West has some very talented public speakers and once again this year we will be debating against other schools in the Premier’s Debating Challenge. Good luck to the students attending the workshop. Both Mrs Sterling and Miss Davis will accompany our children.

Sporting Success
Congratulations to Cooper D for being selected in the Sydney East Regional Touch Football Team.

Congratulations to Eden P who was selected in the 2015 NSW Rhythmic Gymnastics State Team and will complete in the Australian Championships in Melbourne.

Well done Cooper and Eden!

Have a great week!

Garry Royston
Principal

Deputy Principals’ Report

Managing Depression
One in four children over 12 has symptoms of depression. Would you know what to look for and how to help? Don’t be afraid, ask your child how they are feeling and keep communicating with them.

Financial Literacy
Does your child need help with business and economics? Here’s info on credit cards, how to be responsible spenders and savers, and make consumer choices.

Application for Opportunity Class Placement in Year 5 in 2016
If your child is seeking Year 5 opportunity class placement in 2016 you must submit the application online between Monday 27 April 2015 and 15 May 2015.

The application website is at www.schools.nsw.edu.au/ocplacement

Ross Edwards and Jason Wilkins
Deputy Principals
Change of Arrangements

If you need to change arrangements of children going home in the afternoon, please be aware that our classrooms do not have telephones and classes often go to sport or other activities in the afternoon. Despite our best efforts, this may lead to us being unable to locate your child in time. Please only change arrangements in emergencies and we will endeavour to do our best.

If you are running late and unable to be at your usual meeting place, your child is to go to the front office and wait for you. Please make your child aware of this procedure to avoid worry and confusion. If another parent is to collect your child, please make sure a meeting place has been arranged. Thank you for your co-operation in this matter.

Stewart House Donation Drive

Stewart House Donation Drive envelopes have been sent home. Your generous donation supports the 1,800 children who attend Stewart House each year from public schools across NSW and the ACT.

Please place a $2 coin or equivalent in the envelope provided, complete entry details on the back and return it to school to go in the draw to win a $4,000 holiday to a destination of your choice.

Please return donation envelopes no later than Friday 15 May 2015. Thank you for supporting Stewart House.

Early Bird & BEAR Reading Programs

Early Bird Reading will commence again next Tuesday 5 May.

BEAR tutors urgently needed from now until end of May. Please see me for more information. Times are flexible.

Jenny Scott
Learning and Support Teacher

Library News

♦ The Library has many wonderful new books that require covering. If you are able to assist, please call in to see Mrs Evans. All help is greatly appreciated.

♦ During Week 5 of this term (18-22 May) there will be no Library borrowing due to new shelving being installed in the Library. Thank you for your understanding.

Margaret Evans and Janet Evans
Teacher Librarians

Parent Co-operation

During the recent rainy weather a few parents have put the safety of their own children and others at risk by either stopping on the pedestrian crossings or entering the staff and canteen carparks to drop off and pick up their children.

Please consider the welfare of all students, be patient, follow the road rules and do not enter our busy carparks. The co-operation of all parents is greatly appreciated.
Public Speaking

At least a week before you have to give your speech, choose a suitable topic. Our school competition is for speeches that argue a point of view. For younger children this can be as simple as ‘My Dog Is The Best Dog In The World’, but a topic such as ‘My Dog’ would NOT be suitable. Your teacher will make sure that the topic chosen is a suitable topic for the year/grade (that is, it argues a point of view). The speech cannot be the same speech as the Multi-Cultural Speech topics.

Some tips for your child

Before trying to write the speech down - think about the topic you are going to argue.

- Think of the first reason why you believe this. Think of an example of why this reason is so.
- Think of the second reason why you believe this. Think of an example of why this reason is so.
- Think of a third reason why you believe this. Think of an example of why this reason is so.

Write the speech down in this format:

- I think that …….. (state your opinion here).
- The first reason I think that ……..(THEN give your example of why this is true).
- The second reason I think that ……. (THEN give your example of why this is true).
- The third reason I think that ……. (THEN give your example of why this is true).
- SO ……. (this is where you restate your opinion. You must leave the audience convinced that your opinion is worth supporting. Conclude your speech so that the audience knows your speech has reached it’s end).

Things to remember when writing your speech

Don’t introduce yourself - Don’t say thank you at the end - Don’t use props. Speak clearly and at a normal speaking pace. Time your speech at home.

Prepared Speech Times

<table>
<thead>
<tr>
<th>Years</th>
<th>Speech Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>K-2</td>
<td>2 minutes</td>
</tr>
<tr>
<td>Yrs 3-4</td>
<td>3 minutes</td>
</tr>
<tr>
<td>Yrs 5-6</td>
<td>4 minutes</td>
</tr>
</tbody>
</table>

If it’s too short, add some more arguments or expand on the arguments you already have. If the speech is too long, cut something out. Then retime the speech and see if it’s within 30 seconds either side of the correct speech time.

Write your speech word by word onto palm sized cards. Cardboard is better than paper which can curl up in your hand. (10 x 15cm for Years K-2, 7 x 10cm for Years 3-6).

Start practising how you deliver your speech. This will take at least several days to get right! Many people miss this step out completely and just hope it will turn out well ‘on the day’. Of course you have to practise if you want to do something well.

Things to practise

- Stand properly on two feet. Do not shift from foot to foot or sway as you speak.
- Keep your head up. Look at your audience and make eye contact with them. Don’t look at the ceiling or the floor. Practising in front of a mirror is very helpful.
- Speak clearly and loud enough for everyone in the room to hear you.
- Make sure you pause between the different parts of your speech. Pauses get people’s attention.
- Vary the pitch and tone of your voice. People get bored listening to the one note. Let your voice rise and fall.
- Write key words that will remind you of your speech onto palm sized cards (these could be sentence beginnings, or simply words that remind you of the sentences you should be saying). These cards are called palm cards.
- Practise delivering your speech over and over in front of the mirror using only these palm cards. Good luck, happy speaking and most of all, have fun.

Vince Murphy
Assistant Principal
Biggest Morning Tea

Shave for a Cure

On Tuesday 19 May 2015 (beginning at 8:30 am and finishing at 9:30 am), we will be holding our yearly event to raise much needed funds to support the Cancer Council. This year, we hope to raise more money than ever before!

Students are able to wear mufti and come with a crazy hairstyle, for a gold coin donation. Students are not able to shave their heads without first gaining approval from Mr Royston.

There will be many activities and stalls on the morning including;

- **Face painting - 50c**
- **Cake Stall - 50c - $1.00**
- **Lolly pop pick - $1.00** (you could win a $10.00 iTunes card)
- **School lost property sales + gold coin donation** (grab a jumper/jacket or piece of Tupperware, for a bargain!)
- **Chocolate toss - 50c**
- **Tea cup toss - 50c**
- **Breakfast BBQ - various prices, so get here early for breakfast at school!**
- **Raffles - $2.00 each or 3 for $5.00 (win some fantastic prizes)**
  - **Raffle tickets available prior to the event.**

And the big one...

**Throw a cream pie in the face of a teacher!**

($5.00 per throw but it's worth it)

Can you convince your teacher to be a target?

This year, four wonderful students (including a girl!!) are prepared to shave their heads!! However, you will need to be prepared to pay for this. So if you want to see this happen, bring in your money to either Ms Barrow or to the front office.

On the day, donations of cakes, slices, muffins, biscuits etc would be greatly appreciated. If these items could be brought in on the morning (or Monday if they are non-perishable), and delivered to the hall, it would be greatly appreciated. Please remember, NO NUTS.

Your ongoing support of this worthwhile charity is appreciated and we hope to reach our best result ever. So start working around the house to earn some money to come and spend on the day.

Karen Weppler, Tracey Stevenson and Rebecca Barrow
Cancer Council Fundraising Committee

**SPECIAL NOTE:** Please be advised that this event will go ahead even if it is raining, so there is no need to call the office and check.
## For Your Diary

<table>
<thead>
<tr>
<th>Date</th>
<th>Events</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Monday 4 May</strong></td>
<td>• P &amp; C Meeting 7.30pm in Staffroom</td>
</tr>
<tr>
<td><strong>Tuesday 5 May</strong></td>
<td>• Canteen Closed</td>
</tr>
<tr>
<td></td>
<td>• Student Banking</td>
</tr>
<tr>
<td></td>
<td>• Early Bird Reading Commences</td>
</tr>
<tr>
<td><strong>Wednesday 6 May</strong></td>
<td>• Uniform Shop Open 9.15am</td>
</tr>
<tr>
<td></td>
<td>• Kindergarten Grandparent’s Day 10.00-11.00am</td>
</tr>
<tr>
<td></td>
<td>• Book Club orders due</td>
</tr>
<tr>
<td><strong>Thursday 7 May</strong></td>
<td>• Mother’s Day Stall</td>
</tr>
<tr>
<td><strong>Friday 8 May</strong></td>
<td>• PSSA</td>
</tr>
<tr>
<td></td>
<td>• OZTag at Heathcote Oval</td>
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<tr>
<td></td>
<td>• Soccer &amp; Netball at The Ridge</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Date</th>
<th>Events</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Monday 11 May</strong></td>
<td>•</td>
</tr>
<tr>
<td><strong>Tuesday 12 May</strong></td>
<td>• Years 3 &amp; 5 NAPLAN Testing</td>
</tr>
<tr>
<td></td>
<td>• Canteen Closed</td>
</tr>
<tr>
<td></td>
<td>• Student Banking</td>
</tr>
<tr>
<td><strong>Wednesday 13 May</strong></td>
<td>• Years 3 &amp; 5 NAPLAN Testing</td>
</tr>
<tr>
<td><strong>Thursday 14 May</strong></td>
<td>• Years 3 &amp; 5 NAPLAN Testing</td>
</tr>
<tr>
<td><strong>Friday 15 May</strong></td>
<td>• Years 3 &amp; 5 NAPLAN Testing Catch-up Day</td>
</tr>
<tr>
<td></td>
<td>• K-2 Assembly 12.00pm</td>
</tr>
<tr>
<td></td>
<td>• 3-6 Assembly 2.30pm</td>
</tr>
<tr>
<td></td>
<td>• Stewart House Donation Envelopes Due</td>
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<tr>
<td></td>
<td>• PSSA</td>
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<td></td>
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</tbody>
</table>

## Excursions and Payments

<table>
<thead>
<tr>
<th>Year</th>
<th>Excursion or Payment</th>
<th>Please pay by</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 6</td>
<td>Canberra Excursion (7-9 October)</td>
<td>Friday 1 May</td>
<td>$50.00 Deposit</td>
</tr>
<tr>
<td>Debating Team</td>
<td>Stage 3 Debating Workshop</td>
<td>Friday 8 May</td>
<td>$25.00</td>
</tr>
<tr>
<td>Year 3 Dance Group</td>
<td>Dance Group Fees</td>
<td>Friday 8 May</td>
<td>$50.00</td>
</tr>
<tr>
<td>Years K-6</td>
<td>Voluntary School Contribution</td>
<td>As soon as possible</td>
<td>$50.00 per child</td>
</tr>
<tr>
<td>Band Members</td>
<td>Term 2 Band Fees</td>
<td>As soon as possible</td>
<td>$120.00</td>
</tr>
</tbody>
</table>

## PSSA Sport

Go to engadine.sessazones.com/ to view draws
Cost: $6.00 per week

Buses depart EWPS at 9.00am
Oz Tag at Heathcote Oval
Netball and Soccer at The Ridge
Uniform Shop News

Students at Engadine West are proud to wear their uniforms, which indicate they are students of this school. It is part of the school's discipline policy that all students will wear school uniform. Uniforms can be purchased from the Uniform Outlet, which is operated by the P & C, and is open every second Wednesday from 9.15am to 10.15am. The uniform outlet is located off the Basement area near the computer lab. If you are unable to attend the outlet, order forms are available from the Front Office or on the school website.

As the weather becomes cooler, the children will start to wear their winter uniform.

The green school hat plays an important part in providing sun protection when the children go outside to play and do sport. All children are expected to wear their school hat every day throughout the year. The school has a no hat-no play policy. The school hat and sports socks are also available to purchase from the canteen.

The next Uniform Shop opening times will be:

Wednesday 6 May 2015 from 9.15-10.15am

Tracy Farquhar & Kathy Cunynghame
Uniform Shop Co-ordinators

Book Club News

Orders from Issue 3 catalogues are due to be returned to your classroom or the front office by Wednesday 6 May. Every order earns free books for our school library so take advantage of the great savings.

If you are paying with cash, particularly coins, could you please tape unsealed parts of envelope to ensure coins do not fall out.

Orders can be held at the office for collection. Please ensure this is clearly marked on all the order forms and envelope with a contact phone number. We will ring you when the books are ready for collection from the front office.

To ensure your order can be placed on time, please check the following:

- Student's name and class on all forms and envelope.
- For cash payments please check the amount if your child is paying and please ensure the envelope is well sealed.
- For cheque payments the cheque must be made out to Scholastic Australia.
- For credit card payments use the website to pay and get a receipt number or call the phone number on the form. Only one receipt for the total amount is necessary and you only need to write the receipt details on one order form

Thank you for your support.

Mandy Goodman & Stephanie Wise
Book Club Coordinators
Find us on Facebook - EWPS Canteen

Please note that lunch orders must be placed by 9.30am.

2015 Roster - Your Canteen Needs You!

We are in urgent need of more volunteers for this year. Volunteers are rostered on once every 4 weeks from school drop off until approximately 3.00pm, however, we are very flexible. Whatever time you can spare is greatly appreciated.

Options to consider:

★ Once a term.
★ A few hours of a morning to prepare fresh food.
★ Serving at recess and/or lunch breaks.
★ A few hours in the afternoon.

All training is provided and we endeavour to provide a fun work place. You are welcome to drop in and have a look around and meet some of our wonderful volunteers.

If anyone has any questions regarding the canteen, please come in and see me.

Leanne Best
Canteen Supervisor

This Week’s Roster

Tuesday - 5 May
CANTEEN CLOSED

Wednesday - 6 May
J Davidson, K Dickenson, K Sinclair, N Rylands

Thursday - 7 May
T Huntly, M Robertson, L Fordyce

Friday - 8 May
N Brydon, B Keegan, A Mathieson,

Monday - 11 May
J Morando, R Bromwich

Mother’s Day Stall

The Mother’s Day stall will be held this Thursday 7 May 2015. Gifts will be priced between $1 and $7 and please remember to send a plastic bag for your child/children to transport their gifts home.

We hope to see both mums or dads come and give us a hand on this day. Thank you in advance for your kind donations and assistance.

Carina Vitelli and Michelle Isemonger
Mother’s Day Stall Co-ordinators
School parking in Sutherland Shire

At Sutherland Shire Council we want to try to ensure that no child will be hit by a car while going to or from School, but to keep things safe we need your help. Know the road conditions around your school and teach your children to be safe around traffic.

Schools are areas where there is a lot of interaction between cars and pedestrians; your children. Children are small, hard to see, behave unpredictably, and are extremely vulnerable. Their lack of road experience means it is difficult for them to judge dangerous situations. Boys are twice as likely to be involved in child pedestrian casualties as girls and children 10-14 years have the highest rate of child pedestrian casualties. (RTA)

You need to take extra care when driving and parking in and around school zones, even when you think there are no children around.

Seven ways to reduce your child’s vulnerability (RTA)

1. Set a good example. Parents/care givers are the best road safety teachers.
2. Children up to eight years old should hold an adult’s hand on the footpath, in the car park or when crossing the road.
3. Children up to ten years old should be actively supervised around traffic and should hold an adult’s hand when crossing the road.
4. Take the time to make sure your children are aware of, understand and follow traffic safety regulations when they are walking.
5. Teach your children to be aware of their environment: for example, wearing headphones or getting distracted by playing with friends on the way to or from school can make them more vulnerable to accidents.
6. Make sure your own driving and parking are not endangering your own or others’ children. Obey all parking signs and speed limits, and always be on the lookout for the unexpected. Many traffic safety issues around schools arise from the driving and parking behaviour of parents.
7. Never call your child across the road.

Picking up your children after school - Have a plan

Plan with your child how you will collect them. When and where you will be after school? Where should your child wait? Make sure they know not to try and get into your vehicle while it is still in traffic, even if you are stopped, they should wait until you have parked. Your school may have some arrangements in place to help you collect your children.

Contacting your council

If you have a problem with illegal parking at your school or if you think there is a need for changes to the traffic conditions around your school phone or write to Sutherland Shire Council with the details.

Sutherland Shire Council - Telephone - (02) 9710 0333 - Postal - Locked Bag 17 Sutherland NSW 1499

You can also find out more about the Australian Road Rules and other road safety information on the RTA website www.rta.nsw.gov.au
No apologies, no excuses

When it comes to child safety, Sutherland Shire Council makes no apologies for fining drivers who break the law around schools and school zones. If you are caught endangering a child by parking illegally in a school zone you will be fined. Illegal parking in school zones kills children. Parking offences in school zones carry heavier fines and loss of demerit points.

You can find out more about the Australian Road Rules and other road safety information on the RTA website www.rta.nsw.gov.au

**Know your Parking Signs and rules**

**NO STOPPING**

*What does it mean?*
You cannot stop in this area FOR ANY REASON.

*Why is it there?*
To keep sight lines clear for drivers AND children so both have more time to avoid crashes.

**NO PARKING**

*What does it mean?*
You can stop in a NO PARKING zone for a maximum of two minutes to drop off and pick up passengers. You must stay within three metres of your vehicle at all times.

*Why is it there?*
To provide a safe place for older children to be set down and picked up without endangering other children.

**BUS ZONE**

*What does it mean?*
You must not stop or park in a bus zone unless you are driving a bus.

*Why is it there?*
To prove a safe place for large buses to set down and pick up. Cars parking in bus zones put lives at risk by forcing buses out of “their” safety zone.

**Pedestrian Crossings**

You must not stop within 20 metres before a pedestrian crossing or 10 after a crossing unless there is a control sign permitting parking.

*Why?*
To ensure that children can be clearly seen by vehicles approaching the crossing.

**Other common rules**

**Driveways**

You may stop over the entrance of a driveway to pick up or set down passengers, but you may not wait there or leave your vehicle unattended.

**Intersections**

You must not stop within 10 Metres of an intersection

*Why?*
To ensure that there is a clear view of children crossing the road at the intersection.

**Footpaths & Nature Strips**

You may not stop on any footpath or nature strip, or even a driveway crossing a footpath or nature strip FOR ANY REASON.

*Why?*
You could easily run over a child or force pedestrians onto the road to get around you.

**Double parking**

You may not stop on the road adjacent to another vehicle at any time even to drop off or pick up passengers.

*Why?*
Double parking forces other cars to go around you causing traffic congestion and reduces the view of drivers and children crossing the road.

February 2008
Community News

FREE SEMINAR

National Families Week Event

Join Interrelate and The Hub for a special seminar on building stronger families.
Learn more about:

- raising children in an informed and respectful way
- giving children skills to live a full and satisfying life
- how to communicate effectively, manage anger and resolve conflict

Wednesday 20 May
11:30am -1:30pm

Venue: Interrelate
Shop 1C 383-385 Port Hacking Road
Caringbah, NSW

To book, call Interrelate on 02 8522 4450

Free BBQ lunch provided
Community News

Free Seminar
Identifying and Managing Child Anxiety

In partnership with the Rotary Club of North Ryde, the Centre for Emotional Health is pleased to invite the parents, school counsellors and teachers of your school to this free community event.

When: Thursday 28 May 2015
Where: Australian Hearing Hub, Level 1 Lecture Theatre, 16 University Avenue, Macquarie University
Time: 6.00-7.30pm

In this information session, Dr Lauren McLellan will discuss:

★ Ways to identify anxiety in children, ages 7 to 12 years
★ How anxiety can affect children
★ Tips to manage child anxiety

Tuesday, 2nd June, 2015

7pm @ Miranda Salvos
23 Kiora Road, Miranda

Come along to a free Community Information session on the illicit drug

‘ICE’
Crystal Methamphetamine

The following topics will be discussed:

- What is ICE?
- How ICE works
- How ICE affects the body
- Short term & long term harm
- Overdose signs & symptoms
- Treatment and support options
- Ice & Crime in our Community

Bookings are essential—phone 9540 4460 or email: rachael.armour@aue.salvationarmy.org
Group Exercise Class for Solo Mum’s

Are you a solo parent and have little time for yourself? Would you like to get fit and make friends?

Orana Hub Coastal and Gymea Community Aid & Information Centre would like to invite you to the Solo Mum Group Fitness Classes with Alison – personal trainer from Core Fitness.

With all of life’s demands, fitness motivation can be a really big challenge. That’s where Alison’s experience, personal journey & personal training skills can assist you to get fit and feel great.

Alison is passionate about preventing sedentary diseases, and using exercise as a tool to help overcome mental health issues. Alison is volunteering her time to run this program.

This program is not possible without the support of C3 Church Miranda who are generously providing the venue and child minding.

When: 11am till 12pm Wednesdays

Where: C3 Church @ 3/205-213 Port Hacking Road, Miranda (enter front unit facing main road)

Cost: $2 per class (childminding included - limited spaces available)

Bookings essential: Call 9525 4971

movement is a medicine for creating change in a person’s physical, emotional & mental states