Dear Parents

Congratulations to our Junior Choir and Year 1 Recorder Group who both performed outstandingly at last week’s Mauboy Concert at the Sutherland Shire Music Festival. The students were a credit to their families and the school. Well done to all the boys and girls and the hard working staff who prepared them for the concert. This Friday 22 August will see our Senior Band, Senior Choir and Junior Dance Group all perform at the Hutchence Concert as part of the Sutherland Shire Schools Music Festival. Good luck to all involved and enjoy the experience. We hope to see many Engadine West parents in attendance. Once again, special mention to the staff who have co-ordinated the student items.

School Plan

Thank you to those parents, staff and students who have already responded so promptly to our surveys relating to our 2015-2017 School Plan. Input from all the stakeholders in the school is vital when planning future directions of Engadine West over the next three years. If you have not completed the survey you are welcome to do so by going to the school website. Thank you for your co-operation in this initiative.

Digital Citizenship

A parent forum is planned for this Wednesday 20 August from 5.30-7.00pm in the Library. We hope to explain to parents how we keep children safe online. What are our expectations for online behaviour and how can our children learn to be a good digital citizen. If you intend to come on the night, please let us know for catering purposes.

Thank You Heathcote High School

The Year 12 Design and Technology students from Heathcote High School surprised our staff and Kindergarten students last Friday when they delivered a large red timber fire engine, which is designed to store the sandpit toys. An impressive set of hand puppets with stands were also made by the Design and Technology students to be used by our students as part of their reading program. A large outdoor cupboard has also been made by the Year 12 students to store our large plastic chess pieces. The entire school would like to thank the students and staff of Heathcote High School for their efforts in making such wonderful gifts for our school.

Year 2 Swimming Program

The annual Year 2 Swimming Program commences on Monday 25 August and runs for two weeks. While the weather is currently not enticing for students to be swimming, it is important to remember that learning to swim is a life long skill that one day could save your child from drowning. We hope to see all of our Year 2 students take advantage of these free lessons.
Principal’s Report Cont’d

Sporting Success

Congratulations to Jessica M who has been selected to compete in the NSW Girls Softball State Championships. The carnival will run from 26-28 August at Curl Curl. Good luck Jessica!

Big Band Blow-In

Our very successful ‘Big Band Blow-In’ will be held at Engadine West Public School on Thursday 28 August. Students from other Primary and High Schools in our Community of Schools will come together for the day to work and perform with our band members. The Blow-In is always very exciting and the culmination of the event is the mass performance of all the bands. Great work everyone, your many talents will be on show!

Year 6 Fundraising

Last Friday saw an excited Year 6 organise a successful mini fete to raise money for their end of Year 6 Farewell and gift to the school. The entire student population greatly supported the event and the senior students raised an incredible $2,800 on the day. Well done and thank you to all involved! Photos from the event will appear on the school’s website this week.

Have a great week!

Garry Royston
Principal

Stewart House Clothing Appeal

Engadine West Public School is collecting clothing for the Stewart House Clothing Appeal 2014 conducted by the Smith Family. Stewart House received over $20,000 from clothing collections in 2013, being a major part of their annual income and we are very pleased to be able to support this worthwhile charity once again. Stewart House Clothing bags have been sent home with your child. Please donate good quality, wearable clothing and return bags to the Basement for collection by this Friday 22 August 2014.

Thank you for supporting Stewart House.

Medication at School

Children are not permitted to bring medication to school unless they are suffering from a chronic illness e.g. Asthma, diabetes. Only prescribed medication can be given at school.

It will be the responsibility of the child to come to the office at the correct time to receive their medication. If children need to take prescribed medication at school the following procedures must be adopted.

Parents must complete a request form which can be obtained from the office or the school website. The medicine and administration procedures must be clearly identified.

Administration procedures will be recorded in the medication book, which is kept in the Administration office. The medication will be kept secure in the office and administered under the supervision of the Administration Manager.

All medication needs to be brought to the school office in the original container labelled with the child’s name and doctor’s instructions about dosage, times and storage details.

Teachers and other staff are not permitted to administer medication.
Sutherland Shire Music Festival
This Friday night the Senior Band, Senior Choir and Junior Dance will be performing at the Sutherland Entertainment Centre for the Music Festival. We hope the students enjoy performing and wish to acknowledge the many teachers who have provided these opportunities and have given their time to rehearse the performers and attend the festival.

NSW PSSA Rugby Championships
This week (Tuesday-Thursday) Mr Field and Mr Meakin will be attending the NSW PSSA Rugby Championships in Kiama with representatives: Blake and Ethan from Year 6. Mr. Meakin and Mr. Field have important roles as the Sydney East Rugby Convenors – Coach and Manager. We wish the boys luck and thank the teachers for all their hard work.

How to Raise Resilient Kids
★ It's important for your child to know how to turn things around when the going gets tough.
★ Children with good resilience perform better at school.
★ Children with good resilience are less likely to take part in risky behaviour.
★ NSW public schools teach resilience skills to children from Kindergarten to high school.
★ Helping a child feel successful is an important aspect of resilience.

For further information visit the school A to Z site:

Starting Your Child at School
If you are considering whether or not to start your child at school in 2015 then have a look at the five minute video “Is my child ready to start school?”, or alternatively come and speak with the school.

Is my child ready to start school? - School A to Z

Kindergarten 2015 Orientation and Transition Dates
We are currently taking enrolments for 2015 Kindergarten students. Please visit the school office for enrolment forms or enquiries. Below are some important dates for prospective Kindergarten students and parents:

**Parent only Orientation morning**
10.00am Tuesday 21 October 2014

**Student Transition days**
10.00-11.00am Tuesday 28 October 2014
10.00-11.00am Thursday 30 October 2014
2.15-3.15pm Monday 3 November 2014
2.15-3.15pm Wednesday 5 November 2014

Detailed information regarding the above dates will be mailed at the end of this term to families who have enrolled a student in Kindergarten for 2015.

Wonderful Work
Amily and Zoe showed Mrs Gilmore their very clever writing today. Well done girls!

Ross Edwards & Nicole Gilmore
Deputy Principal & Relieving Deputy Principal

Entry and Exit from the School
To reduce the high traffic flow of people through the Administration Block, both in the morning and afternoon, we are asking students and parents who enter via the gate in Buckle Avenue (near the Administration Block) to please use the gate to the right of the building. This walkway is covered and will offer protection in times of wet weather.

Please do not enter the staff carpark at any time. Your co-operation in this matter is greatly appreciated.
For Your Diary

Monday 18 August
- Care Centre Meeting at 6.30pm in the Care Centre

Tuesday 19 August
- Canteen Closed
- Zone Athletics Half Day Carnival (POSTPONED)
- Year 6 Parent Helpers Meeting 4.00pm Staffroom

Wednesday 20 August
- Zone Athletics Full Day Carnival
- Sylvania Waters Athletics Track
- 3E Play Day Workshop (at school)
- Digital Citizenship & Cyber Safety Parent Forum at 5.30pm (Library)

Thursday 21 August
- Yr 1 Powerhouse Museum Excursion (8.30am)
- 3S Play Day Workshop (at school)
- SSSMF Senior Rehearsal

Friday 22 August
- Stewart House Clothing Bags to be returned to Basement
- K-2 Assembly 12.00pm
- 3-6 Assembly 2.30pm
- SSSMF Senior Concert 7.00pm

Monday 25 August
- Year 2 Swimming Program Commences

Tuesday 26 August
- Canteen Closed
- Student Banking

Wednesday 27 August
- Uniform Shop Open from 9.15am

Thursday 28 August
- 

Friday 29 August
- 

Excursions and Payments

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<tr>
<th>Year</th>
<th>Excursion or Payment</th>
<th>Please pay by</th>
<th>Amount</th>
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<td>Zone Athletics Carnival Participants</td>
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<td>Classes 3E, 3S, 3/4D, 4C, 4G and 4WP</td>
<td>Sydney Region Primary Play Day</td>
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<td>Stage 2 Dance Group</td>
<td>Kurranulla Dance Festival (3 September)</td>
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<td>Year 6</td>
<td>Year 6 Canberra Excursion (1-3 September)</td>
<td>Friday 15 August</td>
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<td>Powerhouse Museum Excursion</td>
<td>Monday 18 August</td>
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<td>Band Members</td>
<td>Band Camp - Rathane (8-10 September)</td>
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<td>Year 5</td>
<td>HSIE Excursion to Port Kembla (3 September)</td>
<td>Monday 1 September</td>
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<td>Term 3 Band Fees</td>
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PSSA News

Summer PSSA commences Week 8, Friday 5 September
Go to engadine.sessazones.com/ to view draws
Cost: $6.00 per week
Calling all home owners

Recently you would have received your council rates along with a voucher for FREE NATIVE SEEDLINGS. As part of this year’s Family Fun Day, our school will be holding a plant stall and are asking for your help in providing seedlings which we can then sell as plants. If you will not be using your voucher, our school stall would love to have it!

If you wish to donate your voucher, please send it to school with your child to place in the basket outside Mr Field’s 5F classroom.

Sponsorship

As we are a large community and many of us either own a business or work for local businesses in the Sutherland Shire, we are calling on any interested parties to sponsor our school stalls. If you are interested, please contact the school directly and Mr Field will be in contact with you.

Thank you for supporting the Family Fun Day!

Fathers’ Day Stall

September is fast approaching and so is Fathers’ Day! As in previous years we will be holding a Fathers’ Day Stall for the students to purchase gifts for their Dads. Once again we are asking for your help where possible by way of donations. In particular we are looking for items including toiletries, skin care, shaving cream, and anything else you can think of related to personal grooming and making Dad look and smell good!

If you have any ideas of your own and wish to donate something different - please feel free, we will gladly accept! If you are donating chocolates please remember NO NUTS.

Thank you for your support.

Carina Vitelli and Michelle Isemonger
Fathers Day Stall Co-ordinators

BE PATIENT! AN EXTRA 2 MINUTES OUT OF YOUR DAY COULD SAVE A LIFE!
Uniform Shop News

The Uniform Shop is operated by the P & C and is open every second Wednesday from 9.15am to 10.15am. The next opening time will be:

Wednesday 27 August 2014

Parents please note that full winter uniform should now be worn by students, not a combination of summer and winter uniform. Thank you for your co-operation.

Tracy Farquhar & Kathy Cunynghame
Uniform Shop Co-ordinators

Canteen News

Please note that lunch orders must be placed by 9.30am.

Find us on Facebook - EWPS Canteen

We Urgently Need Volunteers for Thursdays!

We are in urgent need of more volunteers for this year. Volunteers are rostered on once every 4 weeks from school drop off until approximately 3.00pm, however, we are very flexible. Whatever time you can spare is greatly appreciated. Options to consider:

★ Once a term.
★ A few hours of a morning to prepare fresh food.
★ Serving at recess and/or lunch breaks.
★ A few hours in the afternoon.

All training is provided and we endeavour to provide a fun work place. You are welcome to drop in and have a look around and meet some of our wonderful volunteers.

Lunch Orders Specials

Potato $3.00
Sour cream and sweet chilli
Bolognaise and cheese
Baked beans or spaghetti and cheese
Tuna and corn

Sweet Corn and Chicken Soup $3.00
(with garlic toast)

If anyone has any questions regarding the canteen, please come in and see me.

Leanne Best
Canteen Supervisor

This Week’s Roster

Tuesday - 19 August
CANTEEN CLOSED

Wednesday - 20 August
K Smith, J Toohey

Thursday - 21 August
K Albion, L Blaikie, M Healey

Friday - 22 August
A Pillington, D Osmond, K Holmes,
A Bolton, R Maguire

Monday - 25 August
S McFarlane, V Olguin

Care Centre Meeting

The Engadine West Public School Before and After School Care Centre will be holding a meeting tonight at 6.30pm in the Care Centre.
VISIT US ON OPEN DAY

Wednesday 20 August, 9.30 – 11am

85 Willarong Road, Caringbah
(Parking on Taren Point Road)

For Year 5 students wishing to sit the Selective High School Test in March 2015 to enter CHS in YEAR 7 in 2016

Interested students and parents are invited to attend this information morning with displays and activities for students

Be part of our community today

for more information visit www.caringbah.nsw.edu.au
Cool Little Kids Parenting Program

Early Intervention for Anxious 3-6 Year Olds

Is Shyness Normal in Preschoolers?
Some shyness can be a normal part of development. However, research has revealed that excessive shyness in preschool aged children can lead to the development of more serious problems in later life, such as the development of anxiety disorders. Having a parent who is anxious also increases a child’s likelihood of developing anxiety.

What Is the Cool Little Kids Program?
The Cool Little Kids Program is a group treatment program for parents of children aged 3-6 years who exhibit excessive shyness or anxiety. It equips parents with both knowledge and practical skills and tips on how to help their child manage and overcome anxiety. The program uses Cognitive Behaviour Therapy (CBT) techniques to give parents effective tools and strategies to assist their child.

What Topics Does the Program Cover?
- Understanding anxiety and shyness in preschool children
- Causes and risk factors for child anxiety
- Helpful and unhelpful ways of responding to anxiety in children
- Skills and strategies to help your child build brave behaviours and face fears
- Dealing with setbacks and difficulties
- How to maintain progress after the program ends

Who Should Attend?
Wherever possible and applicable, we recommend that all parents involved in the day-to-day care of the child attend the group. If this is not possible, we would suggest that the same parent attends each session (rather than alternating parents). This allows a parent to build on knowledge learned in previous sessions and we would encourage the attending parent to include the non-attending parent in the program by updating them on session content learned and involve them in tasks being practiced each week at home. Children do not attend groups and childcare is not available on site, so childcare arrangements should be made for the 6 sessions.


Time: 10.30am – 12.30pm

Venue: Caringbah Community Health Centre
In the rear grounds of The Sutherland Hospital
The Kingsway, Caringbah

Facilitators: Alison Downs and Lisa Lustica

Cost: $20 for manual

Enquiries: Contact Intake on 9522 1000. A telephone interview will be organised with one of the facilitators to determine your suitability for the program.